

# Volunteer Profile

**Gay Manning-Shaw**  
Yarmouth

“ I joined YCCHB in 2020 to utilize my skills and experience in advocating for vulnerable populations, promoting health equity, and making a positive impact in my community. ”

A Jamaican-Canadian, Gay attended NSCC and completed a Social Services course, advocating for vulnerable populations & those in need. She coordinates a youth group at Cornstone Church, and owns MiracleFingers Natural Hair Care, driven by dedication to community service.

## Want to Join Us?

Visit [www.communityhealthboards.ns.ca](http://www.communityhealthboards.ns.ca)

or contact Clyde deViller

902-740-1338 or [clyde.deviller@nshealth.ca](mailto:clyde.deviller@nshealth.ca)

Facebook: Yarmouth County Community Health Board

# Yarmouth County CHB Report to Community 2023-2024

## What Do We Do?

- Community Leadership
- Community Health Planning
- Health & Wellness Promotion

## Western Zone CHB

### Health Plan Priorities:

- Food Security
- Housing
- Recreation & Wellness
- Community Connection



SAFE & HEALTHY  
SAINE ET SÉCURITAIRE  
**YARMOUTH  
COUNTY**  
Community Health Board



## Partnerships

Aside from having guest speakers at many meetings to help the board and community partners work more collaboratively, our board partnered with:

- The Town of Yarmouth and HOPE Centre in sponsoring two of the 100 Meals.
- Yarmouth Recreation in organizing our annual Heritage Day Walk.
- Other CHBs In Western Zone to continue developing a new Health Plan for 2024.
- Yarmouth County Seniors' Safety by having a table at their 55+ Wellness Day.

## Advocacy

- Letters to advocate for a National School Food Program.
- Work with other CHBs, Public Health & Substance Use Awareness Partnership to advocate for Alcohol Warning Labels.
- Work with other CHBs & Public Health to advocate for Basic Income.
- Letter to limit food marketing to children.

## Wellness Funds

We funded 10 groups / projects in 2023-24:

- Acts of Kindness Society, Meal Program
- CNIB, CNIB Ambassadors
- École Belleville, Bien manger/mieux apprendre
- Écoles secondaire de Par-en-Bas, Breakfast Program
- ÉcolesPlus École Wedgeport, À la cuisine avec ÉcolesPlus
- Nova Scotia Legal Aid, NS Legal Aid Community Outreach
- Laing House Yarmouth, Yoga for Mental Health Recovery
- TCRCE Drumlin Heights, Exploring Coping & Mental Health
- Women of First Light, Kespu'kwitk United Nukumijk
- YARCRO Yarmouth, ILS



YCCHB Held its Wellness Fund Celebration in April. Projects were highlighted and guest speaker was Barry Braun, CEO of Happy Communities Project.

**Intake for Wellness Fund applications  
Spring of each year**